



The ArtFullness Project presents

Improv Workshops for Creative Professionals

The workshops focus on key techniques and exercises used by improvisers to generate new ideas—free from the pressure of ‘expected’ results and ideas.

- Promote Creativity
- Enhance Listening Skills
- Embrace Spontaneity

Prerequisites:

**An open mind,
willingness to play
and have fun!**

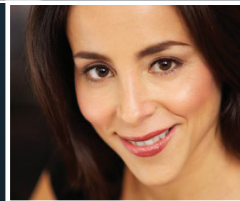
The ArtFullness Project extends a special invitation for up to

15 Creative Colony members

to take an improv workshop with Nanda Abella on Wednesday, April 30, 2014

(see back for details)

Instructor: Nanda Abella is an Argentinean actress based in New York City. Her credits include off-Broadway plays, independent feature films, and commercials work for Wal-Mart, Optimum and Mini Cooper in Spanish, English and French. Visit nandaabella.com



The ArtFullness Project extends a special invitation for up to 15 Creative Colony members to take an improv workshop with Nanda Abella on Wednesday, April 30, 2014 from 10:00 a.m.-12:00p.m ET. The workshop will be held at:

CREATIVE COLONY

8121 Georgia Avenue, Suite 600 | Silver Spring | MD 20910

Interested in bringing an improv workshop to your creative workplace?

Email your inquiry to Jacqueline Lara at jlara@artfullnessproject.org

Write 'ArtFULL' in the subject line to receive **10% Off**



building community through arts & culture

Questions about the improv workshop at Creative Colony on Wednesday, April 30th? Email, jlara@artfullnessproject.org

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